



VICTORIA BANYARD

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PERSONAL STATEMENT

My research program focuses on understanding violence prevention using a bystander action framework. I got interested in this field when I was a graduate student in clinical psychology. The families and young people I worked with in counseling sessions often had experienced different forms of trauma. I wanted to not just understand how to help them better but how to keep violence from happening in the first place. So, I began to focus more on prevention. My work has mainly focused on why bystanders help or don't help, and whether prevention programs can encourage helping. I have mostly done this work to understand preventing interpersonal violence, particularly sexual and relationships violence.

CONTRIBUTION TO SCIENCE

The research I have been part of has evaluated prevention programs to help prevention practitioners learn what works to help reduce different forms of violence. I have also created new measures so that we can understand what communities and individuals are already doing to prevent violence (what we call bystander actions). Research teams I have been part of have also focused on creating and testing better ways to measure the strengths that people and groups and communities have. We have focused too much on risk factors and not enough on how people build good lives even in the face of adversity. My work has shown that supporting people who are helpful bystanders can help reduce the burden of trauma in communities and build community strengths. But we still have much more to learn!

ONGOING & COMPLETED PROJECTS

1R01MH128269-01(NIH)

Mitchell (PI), Banyard (Co-PI)

9/13/21-8/30/26

Understanding Bystanders for Self-Directed Violence Prevention: A Prospective National Study Highlighting Marginalized Youth and Young Adults.

CE002652 (CDC)

Edwards and Banyard (Co-PI)

9/30/16-9/30/20

Preventing sexual violence through a comprehensive peer led initiative: A process and outcome evaluation.

CE002652(CDC)

Banyard (PI)

10/1/15- 9/30/20

Prevention at the Outer Layers of the Ecology: Using Green-Dot to Build Collective Efficacy and Change Injunctive Norms.

PUBLICATIONS OF RELEVANCE

Mitchell, KJ, Banyard, V, Goodman, K, Stroem, I & Ybarra, ML (2022).

Exploring the impact of bystander behavior for self-directed violence.

Journal of Adolescent Health. 70(2), 298-304.

Banyard, V, Mitchell, KJ & Ybarra, ML (2021).

Exposure to self-directed violence: Understanding Intention to Help and Helping Behaviors Among Adolescents and Emerging Adults.

Banyard, V, Mitchell, KJ & Ybarra, ML (2021).

Exposure to Self-Directed Violence: Understanding Intention to Help and Helping Behaviors Among Adolescents and Emerging Adults. *International Journal of Environmental Research and Public Health*, 18(16), 8606

Complete List of Peer-Reviewed Published Work in MyBibliography or through the QR Code above.