



KIMBERLY MITCHELL

PRINCIPAL INVESTIGATOR, RESEARCH PROFESSOR

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PERSONAL STATEMENT

I am a Research Professor of Psychology at the University of New Hampshire and a Senior Research Scientist at the Crimes against Children Research Center. My areas of research include youth exposure to violence generally, with specific emphasis in the areas of exposure to suicidal thoughts and behaviors, technology-facilitated crimes against children, commercial sexual exploitation of children, victimization, and gun violence. My work also focuses on these issues among populations with health disparities, particularly sexual and gender minority youth.

CONTRIBUTION TO SCIENCE

Suicidal thoughts and behavior (STBs) is a critical public health problem. This is a large component of my research portfolio, starting with pilot data that I collected from 1,031 adolescents and young adults about exposure to STBs and associated helping behaviors. This pilot data resulted in multiple publications and also informed the development of a longitudinal national study of 5,000 youth and young adults on this topic with particular attention paid to populations experiencing health disparities, including sexual and gender minority youth and racial and ethnic minority youth. This project, called Project Lift Up, was funded by the National Institute of Mental Health (1R01MH128269) and is the foundational study for this website. The voices of almost 5000 youth and young adults in this study are helping us develop tools and strategies that can be used to help people in need.

ONGOING & COMPLETED PROJECTS

1R01MH128269 & 3R01MH128269-04S1

National Institute of Mental Health
Mitchell and Banyard (Principal Investigators)
9/13/2021 – 6/30/26

Understanding Bystanders for Self-Directed Violence
Prevention: A Prospective National Study Highlighting
Marginalized Youth and Young Adults

1R01CE003434

Centers for Disease Control & Prevention
Mitchell and Taylor (Principal Investigators)
9/03/22 – 9/29/25
Firearm Violence Perpetration: A Nationally Representative
Multi-Wave Survey of Youth and Young Adults Across the
United States

PUBLICATIONS OF RELEVANCE

Banyard, V, Mitchell, KJ, Jones, LM, Dunsiger, S & Ybarra, ML (2024).
A Model of bystander helping to prevent suicide: Examining and
extending the Theory of Planned Behavior. *Journal of Interper-
sonal Violence*.

Mitchell, KJ, Banyard, V & Ybarra, ML (2022). Are the bystanders
okay? exploring the impact of bystander behavior for self-direct-
ed violence. *Journal of Adolescent Health*.

Banyard, V, Mitchell, KJ, Jones, LM & Ybarra, ML (2022).
Voices in youth and emerging adults on suicide prevention:
Experiences and expectations. *Prevention Science*, 1-11

Complete List of Peer-Reviewed Published Work in
MyBibliography or through the QR Code above.

Dance like there's no one watching. Love like you'll never be hurt. Sing like there's nobody listening.

Accept no one's definition of your life, define yourself.